

More money. More freedom. More options.



“Now that I am doing work I love, my life has changed so much. I feel so much better and do more things on my own.”

Community work offers you options, so you can find a job that’s a good fit for you. Using your skills and talents in a job you care about can give you a sense of purpose and pride.

When you work in the community, you also have more chances to:

- meet new people
- develop new skills
- gain more freedom
- earn more money

Plus, employers need you! In Minnesota, there aren’t enough people to fill open jobs.

Frequent questions

Can I work?

Yes! Your county or tribal case manager can help you explore work options, set goals and take next steps.

Whether you know you want to work in the community or you’re unsure, your case manager can help you figure it out.

What’s the best job for me?

Everyone has different strengths that are needed in the workplace.

Here are some ways to find a job that’s a good fit for you:

- Explore what type of work matches your strengths and interests.
- Use job coaches, assistive technology or other tools that can help you succeed at jobs you may not have thought possible before.
- Get training to help you build new skills.

If I earn more money, what happens to my benefits?

All public benefits support work. They do this by having special rules called “work incentives.” Work incentives let you get the benefit while you’re working, keep the benefit longer while working, or get the benefit back quickly if they stop because of work.

You can get help from Disability Hub MN to make sure you’re better off when you work — even if your benefits change.

Do I have to work in the community?

No, you don’t have to work. It’s your choice. If you have concerns or you’re unsure about working, talk to your county or tribal case manager. He or she can help you understand your options.

Go to page 2 for next steps and how to get help >

Next steps

Finding a job isn't always easy — but you're not in it alone. Here are some steps to help you get started.

- **Identify your strengths and interests.**

Ask yourself and the people you know: What are you good at? What do you like to do? What makes you happy? What makes you stressed? The answers to these questions can help you and those who support you find the right job for you.

- **Advocate for yourself.**

It's your life. You decide how you want to live it. Share your interests and ideas with those who help you. If needed, your family, county or tribal case manager or service provider can help you find work that matches your strengths and interests.

- **Explore work options.**

Check out jobs that interest you. Talk to others who are doing the work. Ask if you can watch them do their work. As you discuss your interests with more people, you'll learn about various careers. You may even find out about opportunities for internships, job shadowing or mentoring.

- **Network.**

Tell the people you know that you're looking for a job and ask for their help. They might have job ideas for you. Get involved in community activities and events that interest you. You'll meet people who have similar interests and maybe job leads.

Help

You can get help to explore work as an option and find a job that matches your skills and interests. Once you get a job, there are also supports to help you succeed.

- **Case manager.**

Start by talking to your county or tribal case manager. He or she can identify services and supports to help you reach your work goals.

- **Disability Hub MN.**

Online or by phone, Hub staff can answer your questions about work and connect you with resources to help you find or keep a job. They can also help you understand how work and benefits go together.

Visit www.disabilityhubmn.org
or call 1-866-333-2466.

Your best life, your way.

Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system and plan for your future. Our team knows the ins and outs of community resources and government programs, and has years of experience helping people fit them together.