# **People and Programs Who Can Help**

Your work team is a set of people who can help you with employment. You can always add more people to your team.

## My Work Team

#### VR/SSB Counselor | Vocational Rehabilitation Services (VRS)

Jim Fake

VR Counselor, Vocational Rehabilitation Services (VRS) 555-666-777 fakejim@state.mn.us

A VR counselor can help you with services like job counseling to see what sort of work would be good for you, skills training to help you succeed at work, and job placement.

### Case Manager | County Human Services Agency

Angus Test
Gus@email.com

A case manager helps get and coordinate the services you need to live the life you choose, including support for health care, housing, work, food, mental health, personal care, and involvement in the community.

### lob Coach

Lindin Fake

Job coach

555-555-5555

lindin@email.com

A county financial worker can check if you qualify for state or local benefits. They can tell you program rules and explain how to apply for benefits. In some counties, you may have direct communication with one financial worker. In other counties, you may work with a team of financial workers.

#### **ARMHS Worker**

Asmir Example
ARMHS Worker
111-222-3333
sue.example@email.com

An ARMHS worker can help you develop basic living and social skills that you need to live in the community.

#### Other Connections I Can Trust

Sandy Sample
My Mom
111-111-1111
sandys@email.com

## Agencies

Find the offices of programs that help you. This list is based on information from other activities, including your Benefits Lookup (BLU). You can add new agencies to the list, or remove the ones you've added.

Agency	Helps With	Phone	Local Phone	
County Human Services Agency	Medical Assistance (MA), SNAP, MFIP			
Disability Hub MN	Disability-related programs	1-866-333-2466		
Local Social Security Office	SSI, SSDI	1-800-772-1213		
Public Housing Authority (PHA)	Housing			

Generated using Disability Hub MN's "Build My Team: Work" activity (disabilityhubmn.org)