

**ACTIVITY 1:**

Your work and the Engage Plan Find Keep framework

INSTRUCTIONS: After you've watched [Karissa's employment journey: An Engage Plan Find Keep scenario](#), reflect on your job duties and identify three changes you can make to incorporate the Engage Plan Find Keep framework into your work. *Tip: Use Karissa's scenario to spur ideas!*

CHANGE #1:

CHANGE #2:

CHANGE #3: