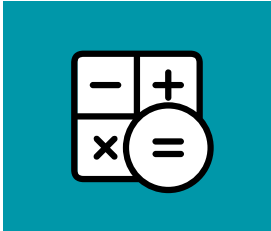


# Benefits and Work Estimator: Getting started



The Benefits and Work Estimator is a tool on [mn.db101.org](https://mn.db101.org) that can help you see how work will impact the benefits you get from Social Security or the state. Based on information you enter into the Estimator, you will get results that can help you set work goals and plan next steps.

## You can use the Benefits and Work Estimator in different ways:

You can use your actual benefit amounts and a real job goal to get a solid estimate of how your benefits and income might change with a job. Don't worry, you won't have to enter your name or any other information that would identify you. Or, you can use generic benefit information and a made-up earnings goal to get an idea of how different earnings impact benefits without using your actual benefit amounts.

## To give you your results, the Estimator will ask questions about:

- Benefits you receive, for example: SSI, SSDI, MSA, health insurance, housing support, etc.
- Work incentives you use, for example: PASS Plan or Impairment Related Work Expenses (IRWEs)
- Your income from work or other sources
- Expenses like rent, mortgage, child care
- Your ideas for work including: how many hours you want to work, and how much you'll earn

## Before you start the Estimator it may be helpful to gather:

- ✓ Statements from Social Security, your county or tribal office, and your bank
- ✓ Pay stubs, if you are currently working
- ✓ Expenses like how much you pay each month for housing, child care expenses, and other work-related expenses

## If you need help with the Estimator or your benefits information:

You can call a Hub expert at 1-866-333-2466 or chat with them online at [disabilityhubmn.org](https://disabilityhubmn.org). They can help you if you are unsure about what benefits you currently get, or if you have any questions about this worksheet, or the Benefits and Work Estimator.